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Volume 35, No. 9, September 2003

# Carolina country

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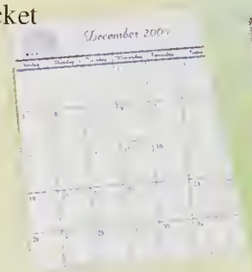

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rints in the sand. He noticed that many times along the path of his life there
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# Carolina country

Read monthly in more than 495,000 homes

Published by North Carolina Association of Electric Cooperatives, Inc.

Your Touchstone Energy® Cooperatives

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Periodicals postage paid at Raleigh, N.C., and additional mailing offices. Editorial offices: 3400 Sumner Blvd., Raleigh, N.C. 27616. Carolina Country is a registered trademark of the North Carolina Association of Electric Cooperatives, Inc. (ISSN 0008-6746) (USPS 832800)
**Postmaster:** Send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611.
**Subscriptions:** Individual subscriptions, $8 per year. $20 outside U.S.A.
**Address Change:** To change address, send magazine mailing label to your electric cooperative.

Printed on recycled paper



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Carolina Country magazine is available monthly to members of North Carolina's electric cooperatives. If you are a member of one of these cooperatives but do not receive Carolina Country, you may request a subscription by calling Member Services at the office of your cooperative. If your address has changed, please inform your cooperative.




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Randolph EMC member Connor Young, of Pleasant Garden in south Guilford County, snapped this photo of her 2-year-old daughter, Alli, who had been running on her trampoline. See more of your favorite photos on pages 12-16.

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## INTERACTIVE TV

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# We found our best watch in a history book

In 1923 a small watchmaker in Europe built the first watch to display the day and date while using an automatic movement. Only 7 of these watches were ever made and we've only actually seen one of these masterpieces in a watch history book. Antique experts say these watches are so rare that they could fetch more than $500,000 at auction today.

As we researched early chronographs from Central Europe, we found that they were among the most complex and stylish works of art to be made during the Roaring 20's. And yet no one has attempted to replicate the vintage design and function of these early watches until now. The watch design that you see here has been painstakingly crafted with the inspiration of the earliest chronographs right down to the screw down crown. It is built with a classic 21 jewel automatic movement, the kind sought after by fine watch collectors.

From the sweeping second hand to the roman numerals on the unique ivory colored face, every detail has been carefully engineered to replicate the look and feel of the earliest chronographs. This six-hand movement includes two smaller dials that display the day and month. The third interior dial is a 24 hour military time clock in which the sun and the stars graphically depict AM and PM.

This watch's mechanical movement utilizes a self-winding mechanism inspired by John Harwood, who received the patent on the first automatic movement in 1923. Thus this watch never needs batteries and never needs to be manually wound. The watch comes in a beautiful case and interchangeable black and brown bands included.

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# Cooperatives welcome Latinos to rural North Carolina

By Rick Martinez

North Carolina's electric cooperatives are welcoming and serving more and more Hispanics. That shouldn't be surprising. The Tar Heel state experienced the largest Hispanic population growth rate of any U.S. state during the 1990s. Today, there are approximately 450,000 Latinos in North Carolina, about five percent of the state's population.

I joined the migration in 1995 when I settled in Orange County. One of my first acts as a new arrival was to become a member of Piedmont Electric Membership Corporation of Hillsborough. My involvement in electric cooperatives deepened considerably when I came to work for the North Carolina Association of Electric Cooperatives in 1998. Primarily, because of my last name and my ability to discern a good taco from one filled with just lettuce and ground beef, I've received numerous questions about Hispanics. I'm most frequently asked, what's the difference between Hispanic and Latino? In reality, there isn't any. The terms are interchangeable, although technically, Hispanic denotes a link to Spain. Hispanic describes a culture, not a race. More than 26 nations in Europe, the Caribbean and the Americas are defined as Hispanic because Spanish is the native language.

But back to North Carolina. Hispanics have settled primarily in the rural parts of the state. Duplin County has the largest percentage of Latinos at 15.1 percent followed by Lee (11.6), Sampson (10.8), Montgomery (10.4), and Chatham (9.4). However, the largest number of Hispanics resides in the urban counties of Mecklenburg, Wake, Cumberland, Forsyth and Durham. Approximately 40 percent of the state's Latinos live in urban counties.

The majority of us, like myself, are of Mexican descent or from Mexico. North Carolina is one of only three Southern states (Georgia and Florida are the others) to have a Mexican government consulate office. However, North Carolina enjoys one of the most diverse Latino populations in the country. Nearly every Hispanic nation has a sizeable population here.

So who are we? Actually, Latinos are a lot like Southerners. We are family-centered, self-reliant, not afraid of a day's work. We're extremely proud of our culture and patriotic.

Patriotism isn't readily associated with Latinos. When I tell folks I served in the Navy, more than once I've been asked, "Which war?" For the record, ours. Latinos have a long tradition of serving in the United States armed forces. U. S. Marine Clarence Sills was the first Hispanic to win the Medal of Honor while serving in Peking, China (now known as Beijing), in 1900 during the Boxer Rebellion. He was the first of 40 Latinos who have won our nation's highest military award. Today, nearly 12 percent of the soldiers, sailors, airmen and marines in the U.S. military are Latinos.

Like Southerners, Hispanics choose to retain strong ties to their heritage. However, the choice to preserve our Latino identity is sometimes misinterpreted as an aversion to assimilate. Often we're asked if we consider ourselves Hispanic or American? The answer is both. To us, being American does not mean being less Latin. We love our language but understand learning and comprehending English is the key to achieving the American Dream. Dr. Nolo Martinez, director of the Governor's Office of Latino and Hispanic Affairs, tells every new Latino arrival he meets, that learning English is their number one responsibility. Not every Hispanic succeeds in learning a new language. But it's unfair to equate inability with unwillingness. That's rarely the case.

Hispanics and Southerners share a common appreciation for a good day's work. We're most visible as agriculture workers, but Latinos in North Carolina are building a significance presence in the trades and professional ranks. The emergence of many small Hispanic-owned businesses in rural North Carolina attests to our strong entrepreneurial streak. The Latin tradition of hard work has already contributed to the total wealth of North Carolina. In 2002, the purchasing power of North Carolina Latinos grew to $8 billion according to the University of Georgia's Selig Center for Economic Growth. But that number is just the opening act. By 2007, the purchasing power of North Carolina Hispanics is projected to exceed $23 billion.

Courtesy and devotion to family are probably the strongest traditions Latinos and Southerners share. Southern hospitality closely resembles the Latin tradition of "Mi casa, su casa" ("My house is your house"). And Southerners readily identify with the Latin definition of success, which is measured by the number of one's friends and family well-being.

I've often been surprised by how warmly Latinos have been welcomed into the electric cooperative family. Maybe I should stop being surprised. Despite our diverse origins, Southerners, Hispanics and cooperative members share a common desire to contribute and become part of the fabric of one's community. For a growing number of Latinos, that community is called North Carolina.

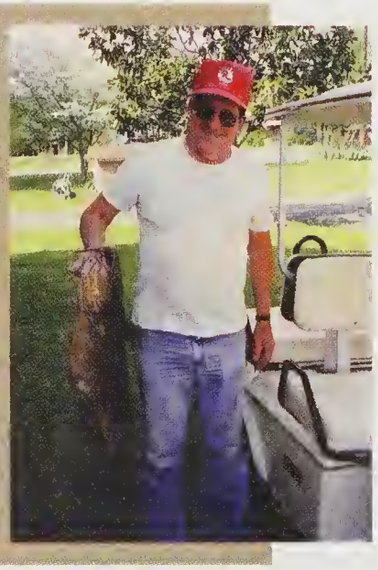
Vaya con dios…y'all.

*Rick Martinez is manager of Corporate Communications with the North Carolina Association of Electric Cooperatives. He also writes a weekly column for The News & Observer of Raleigh.*

## For the neighborhood

When my father-in-law, Don Hoffnet, knocked on the door, he was very excited. "Come see what I have!" He had caught a catfish from his backyard pond. It weighed 16 pounds. Or was it 17 pounds or maybe 18 pounds? The fish grows each time he tells the story of how he caught it with 4-pound-test line on a small reel, and had to jump into the water to get it. No matter what size it was, our neighbors knew that this fish would mean good catfish stew for the neighborhood.

*Bonnie Hoffner*
*Gold Hill*



## Thanks for the song

I want to say "thank you" to everyone who mailed and e-mailed to me the words and music to the song, "I Will Not Be a Stranger." I did receive several copies and do appreciate it very much. Brought back good memories from my childhood days. May God bless each of you.

*Phyllis Parker*
*New London*

## Price comparison

I was amused by the cartoon that accompanied the article on air conditioning in the August Carolina Country. The cartoon from 1966 showed a sign in an appliance store window saying "Keep Cool for Only $199." Next door was a picture of a sundae and the sign saying "Keep Cool for 15 cents."

In 2003, you can buy an air conditioner for less than $100, but a sundae costs around $3. If the price of air conditioners had risen as much as sundaes, we'd be paying almost $4,000 for a window air conditioner. It would be hard for many people to "keep cool" under those conditions.

*Charles Mize*
*Lincolnton*

## Mississippi cooks are OK, too

Last week I received one of my favorite magazines, the July issue of Carolina Country. I enjoy this magazine very much and look forward to receiving it every month. I have one comment about an article in the magazine on page 5.

I am a native Mississippian, but I have lived in North Carolina for the last 10 years. I was very taken aback or slightly insulted by the letter from Steve Leonard from Wiggins, Miss. [Mr. Leonard said in jest that he misses North Carolina cooking while living in Mississippi.]

Number one, I know how good the North Carolina BBQ is, but I thought his comment about the Mississippi food was an insult to all the fine cooks in that state. I know for a fact that they have some of the best Southern soul food in the country.

*J.J. Sewell*
*Seven Devils*
*Blue Ridge EMC*

## Rosenwald School legacy

I read with interest the article in your July 2003 issue about the Rosenwald Schools. Beginning about 1925, my mother, Carrie L. Spaulding, taught first grade for 40 years at Jeffries School, a Rosenwald School on the outskirts of Rocky Mount. The location was on a country dirt road which is now Highway 43 in the Benvenue section of Rocky Mount.

My mother's pay was $40 a month. With this salary, plus my father's meager minister's pay, they sent both my brother and me to college.

*Oscar B. Spaulding*
*Pendleton*
*Roanoke Electric*

## Only in the country

This was taken in our front yard in Youngsville. It is a great example of country living to be able to enjoy nature. My kids and I will sit in the front yard and watch the hummingbirds and butterflies. We try to make our yard friendly to all the critters. My daughter Caitlyn is 8, and she will lie really still under the hummingbird feeder and watch them fly back and forth. It is great to have kids grow up in the country.

*Christine Hawkins*
*Youngsville*
*Wake Electric*

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## Working for high-speed Internet statewide

As the state legislature closed its session this summer, North Carolina's electric cooperatives played a major role in supporting a bill that allows the Rural Internet Access Authority to continue its work to bring high-speed Internet access to rural areas. The authority will be known as the E-NC Authority and will continue at least three more years.

The authority accomplished its initial goal of obtaining local dial-up access for all areas of the state. Now the E-NC Authority will continue its efforts to expand high-speed Internet through capital grants and other incentives. Also, the authority has set up business centers in the state's rural counties. These centers contain high-speed Internet access for local businesses. Representatives of rural counties testified in legislative committee that the centers had attracted businesses to their areas.

"All our appliances are energy efficient, so why is our power bill so high?"

## EnergyUnited helps place "Pigs in the City" for uptown Lexington

"Pigs in the City" is a community art initiative featuring 25 decorated fiberglass pigs that will be on display in uptown Lexington through the Lexington Barbecue Festival Oct. 25.

EnergyUnited, the Touchstone Energy cooperative serving the area, sponsored "Watt a Pig," the only functioning electrical pig in the display. The artwork's pole light and house stay lit all day long. Artist Doug Schiffbauer created "Watt a Pig" for EnergyUnited after discussing with Debra Citta, EnergyUnited's product manager, the co-op's service area and community projects.

The art initiative is in conjunction with the city's 175th anniversary, as well as the 20th anniversary of the Barbecue Festival.

EnergyUnited became involved in the art initiative as "a unique way to make customers aware of our presence, show support for the community and support for the local economy, especially the revitalization of uptown Lexington," said Citta.

"Watt a Pig" is located on the square by the historic Lexington courthouse.

## Co-ops seek new contract for peak power

North Carolina Electric Membership Corporation (NCEMC), the power supply cooperative owned by North Carolina's Touchstone Energy cooperatives, will consider proposals from four firms seeking to furnish up to 1,000 megawatts to the cooperatives as early as January 1, 2005. The proposals could include selling wholesale power and building a power plant.

Selected were GE Aero Energy Products, Pratt & Whitney Power Systems, Progress Energy Carolinas, and SCANA Energy Marketing, Inc. The request for proposals drew 68 proposals from 33 energy suppliers, including generation providers, energy marketers and plant construction companies.

NCEMC will enter into further discussion with these firms regarding the contract for peaking power. Utilities required peaking power at the point of highest demand. Peak demand among NCEMC co-ops in 2002 was 3,396 megawatts.

A final contract or series of contracts is expected to be signed before the end of the year. This is the second major power proposal NCEMC has entertained in recent years. In early 2002, NCEMC signed power supply contracts with Dominion, American Electric Power and SCG&E.

NCEMC owns 644 megawatts of generation through joint ownership of the Catawba Nuclear facility in York, S.C. Catawba is licensed to and operated by Duke Energy. NCEMC also owns a total of 18 megawatts of diesel-powered generation plants on the Outer Banks.

## When is your annual meeting?

**Albemarle EMC**
Sept. 20, Hertford.
Perquimans County High School.
Registration 12:30 p.m., meeting 2.
(252) 426-5735.

**Brunswick EMC**
Sept. 27, Supply.
Brunswick Community College.
Registration 8:30 a.m., meeting 10:30.
(910) 754-4391.

**EnergyUnited**
Sept. 27, Mocksville.
Davie County High School.
Registration 7:30 a.m., meeting 11.
(800) 445-6486.

# How co-ops maintain safety standards

Text and photos by Michael E.C. Gery

*Left photo: Statewide safety director Tommy Greer (far right) and Tideland EMC safety director Wayne Brackin (second from right) observe a Tideland crew build a pole. They are (from left) Kenny Gibbs, Josh Gibbs and Kane Cox.*

*A warning sign at a Tideland district work area.*

## The accreditation program ensures that your cooperative always operates safely

Electric utility linemen do much more than fix power lines. They need to know the technicalities of how electricity behaves as well as how to dig trenches. They build power poles, maintain trucks, use ropes and rigging, cut trees, maintain overhead and underground lines, work in substations, operate heavy equipment, operate computers, administer First Aid and CPR, the list goes on. To become a certified electrical distribution lineman in North Carolina, you need 8,000 hours of documented on-the-job training, plus an additional 576 hours of related instruction.

The purpose of this intense training is not only to ensure that a lineman knows what he's doing, but also to ensure that he does it safely.

A safety program was one of the first things electric cooperatives set up when they formed in North Carolina 60 years ago. Today, those programs are considered models nationwide. The safety programs don't apply only to linemen, either. Everyone who works for an electric cooperative is required to follow safety procedures.

A cornerstone of the safety program is the national accreditation process that recognizes cooperatives that continuously adhere to safe work practices. Established in 1967, the Rural Electric Safety Accreditation Program (RESAP) is voluntary, but in this state, 26 of the 27 cooperatives participate – the highest participation rate in the nation.

The RESAP mission is to help electric cooperatives prevent accidents and any resulting financial loss to the members who own the co-op. The buzz phrase is "zero injury, zero loss, nothing less." It involves a preliminary inspection, full documentation of safety compliance of a co-op's facilities, operating equipment and protective equipment; a follow-up inspection by trained national inspectors; and regular maintenance of safe practices. Co-ops that are accredited receive national recognition, which can mean favorable insurance rates, among other rewards. Participating cooperatives may apply for re-accreditation every three years, which requires going through the whole process again.

"It's very important to us to go through the accreditation process," says Bill Sharp, CEO of Tideland Electric. "It makes sense to have someone from the outside evaluate what we do and whether we do it well or not so well. We take the report seriously and make any necessary changes to correct the problem."

Tideland serves more than 21,000 members in six counties of the state's coastal plain. The cooperative employs a fulltime training and safety director, supports an employee safety committee and holds monthly safety meetings in its four offices (Pantego, Grantsboro, Engelhard and Ocracoke).

Tideland EMC, among others, is going through the re-accreditation process this year. All four offices, their vehicles, equipment, substations, underground line facilities and field work will be inspected twice from top to bottom.

The initial inspection was done this summer by Tommy C. Greer, director of Job Training and Safety for the North Carolina Association of Electric Cooperatives since 1989. Tommy is among the most knowledgeable persons in the country about safety accreditation. He and his staff work every day with cooperatives on training and safety, including the accreditation program. Before joining the statewide association, Tommy Greer was a lineman for 10 years with Brunswick EMC in southeastern North Carolina. He has chaired the National Utility Training and Safety Education Association, and currently is serving a 6-year term as NUTSEA's delegate to RESAP Accreditation Committee. Jeff Edwards, general manager of Albemarle EMC, is also on the committee.

### Inspecting the Engelhard District

When he shows up at a co-op office to do a safety inspection, Tommy Greer is there on serious business.

He arrives at Tideland's Engelhard district office in Hyde County even before it

opens at 8 a.m. Rodney Gibbs, the superintendent, is there, and so is Jennifer Sadler, office manager. Also the linemen: Kane Cox, Kenny Gibbs, Josh Gibbs, Andy Midyette, Joseph Pugh and Vincent Whitfield. Tideland's safety director Wayne Brackin, who lives in Minnesott and serves all districts, is there, too.

Tommy meets with all the employees and explains the accreditation process, how all equipment must meet national Rural Utilities Service standards, how a national team will conduct an inspection later in the summer and this pre-inspection is a test run to find anything that should be changed. All facilities and equipment will be graded, and then inspectors will follow the official RESAP observation form and apply grades. The form has 135 questions, such as "Are warehouse/storage stairs/docks equipped with handrails and marked." Inspections include observing linemen at work.

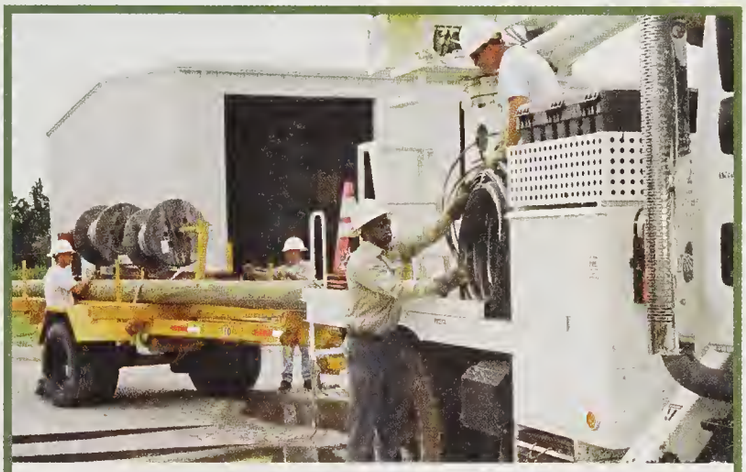
"You *know* how it's supposed to be done," Tommy says. "Just do it the way you're supposed to. If you need something to do it right, get it."

As Wayne Brackin takes notes, Tommy inspects inside and outside the bucket trucks, digger derrick truck and service truck. He looks for documentation that the trucks are examined each morning and at the end of each day. He looks for First Aid kits, fire extinguishers, log books, accident investigation forms, how tools are stored, how the trucks are maintained. He looks over the garage and warehouse and storage areas, checking the shelving, labeling, fire safety, lighting, waste storage, fuel storage, fencing.

"If there's anything defective or damaged, tag it or get rid of it," Tommy says.

Tommy looks at the linemen's rubber gloves and rubber sleeves and vests to make sure they show the monthly test date. He inspects hand lines, winches, lift equipment, chocks and outrigger pads, head and hearing protection equipment, harnesses and lanyards, safety glasses. Joseph Pugh brings out a sledge hammer and asks if Tommy needs it to test steel-toed work boots.

***Tommy Greer inspects personal protective equipment on one of Tideland EMC's trucks, along with (from left) lineman Andy Midyette, safety director Wayne Brackin and Engelhard district superintendent Rodney Gibbs.***



***Preparing to head out to work are Tideland linemen (from left) Kane Cox, Kenny Gibbs, Vincent Whitfield and Josh Gibbs.***

They go inside the office building looking at storage and filing facilities, lighting, fire protection, furniture placement, lighted exit signs, First Aid kits, emergency plans, safety notices.

In the pole yard, Tommy checks how poles are stacked and the storage of transformers, regulators and other equipment. He looks over the aluminum boat this crew uses (Rodney Gibbs has a captain's license). He observes Joe Pugh work a forklift as Vincent Whitfield and Kane Cox load tools and equipment on their bucket truck for the day's work.

Out in the field, Rodney Gibbs shows Tommy and Wayne underground power line transformers to check for warning labels, locks, cable identification. They go into a substation and inspect the fencing, locks, grounding, warning signs, clearances, fire protection and tool storage.

Tideland's Engelhard district serves about 3,500 members with about 275 miles of line. The area covers mainland Dare County south through Hyde County to Swan Quarter and the Fairfield area south of the Intercoastal Waterway.

Tommy and Wayne observe a crew working in the Swan Quarter area, building a pole to serve a new vegetable storage building. Tommy looks for who's in charge, traffic control procedures, proper application of protection equipment, tools and safe work practices. Kenny Gibbs is in charge here, and he shows Tommy a new type of rope sling they use to hold the pole while they work on it.

Finally, at the end of the day, Tommy and Wayne review the steps Tideland EMC should take to ensure that the Engelhard district maintains its safety compliance. "The purpose of this is to help bring a co-op's facilities to a level were it ought to be," Tommy says. "Then it's up to you all to keep it at that level."

Tideland Electric has achieved its safety accreditation continuously since 1976 without a lapse. The co-op has experienced no loss of life or serious job injury since then either.

# Carolina Country Life

## A gallery of your favorite photos

So many great pictures came in for our annual gallery of your favorite photos. Judging them was difficult and especially sad when some had to be set aside. We have copied a few that we don't have space to publish in this month's magazine and will place them on our Web site (www.carolinacounty.com). We may run some in future magazines. We'll let the individual photographers know if we can do that. Thanks to everyone. See page 15 for this year's remaining themes in our "Nothing Could Be Finer" series.

— *Michael E.C. Gery, editor*

**IN TUCKASEGEE**

I took this last fall in the Cashiers/Tuckasegee mountain area on a cold, drizzly day. It was my second visit to North Carolina, and I decided to move here last February. I have felt "at home" ever since.

*Carol Stewart*
*Lake Toxaway*
*Haywood EMC*

**FAMILY FARMING**

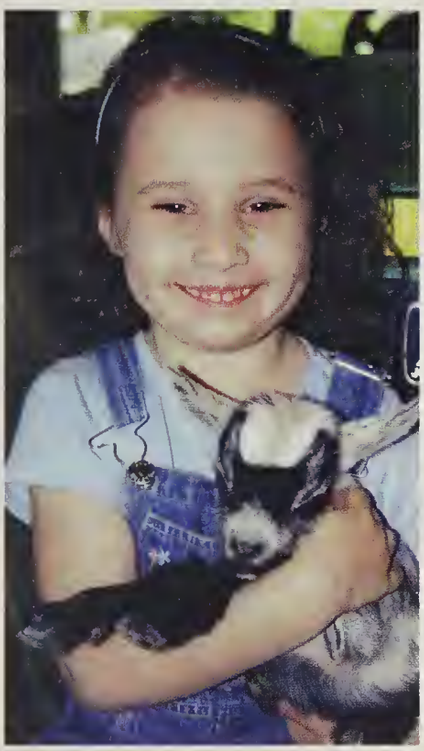
Growing tobacco is a way of life for my family. My father, Bill Lea, has grown tobacco on our farm in Eastwood for more than 40 years. He continues to grow tobacco today with my brothers, Billy and Ricky Lea. As a member of a farming family, you help out whenever needed. This photo shows my brother Ricky, his wife Robin, and their son Nolan. Robin is the principal at Union Pines High School in Cameron, but on this hot summer day, she was a tractor driver.

*Donna Lea Ford*
*Carthage*
*Randolph EMC*

**FLOWER FAIRY ON EMERALD ISLE**

Who says Emerald Isle doesn't have its own magic? We even have flower fairies. Gradie Mae Barnes is the daughter of Serenia and Joe Barnes of Swansboro. She's with the flowers at the intersection at Emerald Isle bridge. We are her Nan and Poppy.

*Dale and Deborah Miller*
*Newport*
*Carteret-Craven Electric*



### WHITNEY'S FIRST DIVE

Whitney was learning to swim several summers ago when she and her mother came over for a visit on a pleasant day. My daughter, Bridget Pratt, was taking pictures with her new digital camera. Whitney's mother was near the ladder holding out her arms and telling Whitney to dive. If you remember swimming when you were a child, your first dive was a big deal.

*Jean Pratt*
*Lilesville*
*Pee Dee EMC*

### THE NEW KID

Our daughter, Meredith, is very proud of her new baby goat. She calls him Baby Junior. He was only a few days old when I took this picture. Meredith and her older sister, Miranda, had gone out to feed the animals when they discovered the new arrival. Meredith has cared for goats since she received pigmy goats Rudolph and Clarice for Christmas two years ago. Living on a farm offers many opportunities for children to discover the miracle of life.

*Rodney D. Little*
*Waxhaw*
*Union Power*

### SARAH HELPS SOW

My daughter, Sarah, was helping her father put out the hay over grass seed that we sowed one fall afternoon.

*Denise Clay*
*Hickory*
*Rutherford EMC*

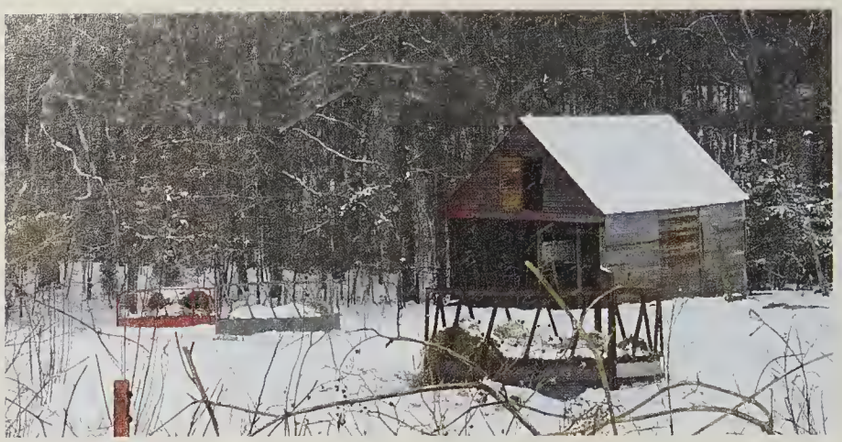
### LIDA, CHARLIE AND ANNIE

This is a popular duo at Blowing Rock Stables – Lida Keber and her faithful companion, Charlie. Lida is a regular at the stables, working with Blazing Saddles, a nonprofit United Way agency that provides therapeutic horseback riding for children and adults with handicaps and special needs.

Charlie routinely spends time with Annie, a full-blooded, registered quarter horse who never lets height differences stand in the way of mixing it up with her shorter friends. Lida says, "Charlie and Annie have a special bond. They're inseparable."

*Peter Morris*
*Boone*
*Blue Ridge Electric*

*continued on p. 14*



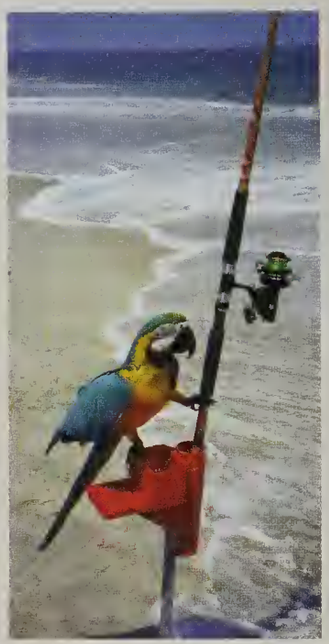
**WINTER**

The Duke farm in January 2003.

*Nancy K. Duke*
*Statesville*
*EnergyUnited*

**TRYING HIS LUCK AGAIN**

This is my fishing buddy, Squawker, a 17-year-old blue and gold macaw. He moved in 2002 from Harrisburg, Pa., to Avon on the Outer Banks. He loves to go to the beach and fish for the big ones. He also delivers meals for the Hatteras Island Adult Care program. Some Saturdays he can be seen on the Avon fishing pier trying his luck and delighting children.



*Kenn Conley*
*Avon*
*Cape Hatteras Electric*

**CATCHER, NORTH COVE LIONS**

I thought playing softball was a thrill, but it doesn't compare to coaching my girls softball team, the North Cove Lions. I love seeing Merissa's eyes light up when she catches the balls and gets a girl out, or the look on her face when she hits the ball and makes it all the way to third base, or the pride she feels when her Momma is jumping up and down screaming, "That's my girl!" She is 6 in this picture. We share a bond together, and a love of the game.

*Melissa Sisk*
*Marion*
*Rutherford EMC*

**ASSISTANT CHIEF**

My husband, Eddie McBride, is an assistant chief with the Lewisville Volunteer Fire Department. On this particular day, he was teaching at a "live burn" training in Lewisville.

*Annie McBride*
*Lewisville*
*Surry-Yadkin EMC*

### LIGHT BEFORE THE RAIN

One stormy Saturday I framed this shot off the Blue Ridge Parkway near Boone. The light was great, even with the storm clouds overhead. Just after I snapped the picture, the rain came pelting down.

*Lori Smale*
*Morganton*
*Rutherford EMC*

### HOMER THE HAM

I walked up to the apple orchard one beautiful North Carolina spring morning to take pictures of the blossoms. My kitty, Homer, came along and enjoyed himself as much as I did. He posed for almost every picture.

*Arden Yunger*
*Murphy*
*Blue Ridge Mountain EMC*

### MARY HARLESS AT 100

This picture of my neighbor Mary Harless was taken in August 2000, just before her 100th birthday. She died in April 2003 at age 102.

Mary Harless loved gardening and canning. After she gave up tending her own garden, she still canned fruits and vegetables brought by friends and neighbors. When she "retired" from using her pressure canner, she loved to come by my house and help can beans.

She made lap quilts and baby quilts, and she crocheted doilies and place mats for special gifts. Her last pieced quilt top was completed by the Women's Circle of the Sparta Presbyterian Church and donated to the Relay for Life raffle. Mrs. Harless had 23 years of perfect attendance at this circle where she taught the bible study.

Her book, "Mary's Memories," sold 200 copies. Proceeds went to the proposed Alleghany Historical and Genealogical Society Museum. Mrs. Harless truly believed, "busy hands and busy mind."

*Betty Roupe*
*Sparta*
*Blue Ridge EMC*

## Send us your best
# Earn $50

**Here are the themes in our "Nothing Could Be Finer" series. Send us your stories and pictures. You don't have to be the best writer. Just tell it from your heart.**

### NOVEMBER 2003
**"The Finest Neighbor I Ever Knew"**
Tell us why and send a photo.
*Deadline: Sept. 15*

### DECEMBER 2003
**"How to Live a Long and Happy Life"**
Do you know an older person who sets a good example for staying healthy and happy? Send a photo, too.
*Deadline: Oct. 15*

### The Rules

1. Approximately 200 words or less. We retain reprint rights.
2. Only one entry per household per month.
3. Photos are welcome. Digital photos must be 300 dpi and actual size.
4. E-mail or typed, if possible. Otherwise, make it legible.
5. Include your name, electric co-op, mailing address and phone number.
6. If you want your entry returned, please include a self-addressed, stamped envelope. (We will not return others.)
7. We pay $50 for each submission published.
8. We will post on our Web site more entries than we publish, but can't pay for those submissions. (Let us know if you don't agree to this.)
9. Send to Nothing Finer, Carolina Country, 3400 Sumner Blvd., Raleigh, NC 27616. Or by e-mail: carolina.country@ncemcs.com. Or through the Web: www.carolinacountry.com

### CYPRESS

I shot this on a rainy day along the shore of Lake Mattamuskeet near Fairfield. I used 35 millimeter, black and white film, and hand-developed and printed it in my home darkroom.

*Leigh Smith*
*Belhaven*
*Tideland EMC*

*continued on p. 16*

**SUPERVISORS**

You're probably thinking this picture was posed, but it wasn't. My father-in-law and his daddy wouldn't willingly stand in front of a camera for $1 million. Lucky for me, my husband was distracting them with a load of hay.

*Jenny Marsh*
*Dobson*
*Surry-Yadkin EMC*

**BUDDIES POND FISHING**

My sister and I took my son and his cousin pond fishing one day, and the two of them spoke about it for weeks afterward. It reminds me of my childhood when I spent time at my Granny's [illegible] Paw-Paw's place with my cousins. We would go into the [illegible] and play for hours until dark. No one had to take us or watch us. We took no toys – only our imaginations. Fireflies, [illegible] and bullfrog toads became our friends. I hope my son and his cousin will treasure the memories they are making today.

*[illegible]*
*China Grove*
*EnergyUnited*

**SKY AFIRE**

A sunset in Fallston takes on the appearance of setting the sky on fire.

*David W. Westphalen*
*Lawndale*
*Rutherford EMC*

**DO IT THIS WAY, DADDY**

One late summer evening, my son-in-law Tommy and grandson Thomas came over to help my husband work with the "family backhoe." A typical 2-year-old,

Thomas was continuously getting in the way, so Tommy brought out his old pedal backhoe to get his son's attention elsewhere. Tommy said his son was "showing me how to work the backhoe." He would say, "Daddy, do it this way." Today he likes riding on the big backhoe even more and still shows his daddy how to do it.

*Lucille Winstead*
*Kittrell*
*Wake EMC*

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# NORTH CAROLINA COUNTY AND AGRICULTURAL FAIRS

**The list comprises those fairs that are regulated by the N.C. Department of Agriculture and Consumer Services, which means they meet the minimum exhibit and premium requirements to be certified as an agricultural fair. For more information on Fairs in North Carolina, visit the Web site www.ncfairs.org or call Heather Overton, NCDA&CS Fair Coordinator at (919) 733-4216.**

**Alamance County Fair**
September 16-20, Burlington
(336) 228-6106

**Alexander County Ag. Fair**
September 9-13, Taylorsville
(828) 632-3600

**Alleghany County Ag. Fair**
August 18-24, Sparta
(336) 372-5597

**Atlantic District Fair Assoc.**
October 7-11, Ahoskie
(252) 332-4553

**Avery County Ag. Fair**
September 16-20, Newland
(828) 733-3642

**Bethware Community Fair**
July 21-26, Kings Mountain
(704) 739-7005

**Burke County Fair**
September 30-October 4, Morganton
(828) 437-8431

**Cabarrus County Ag. Fair**
September 6-13, Concord
(704) 920-3976
www.cabarruscountyfair.com

**Caldwell County Ag. Fair**
September 16-20, Lenoir
(828) 728-7050

**Cape Fear Fair & Expo**
October 30-November 8, Wilmington
(910) 313-1234 ,
www.capefearfair.com

**Caswell County Ag. Fair**
August 26-30, Yanceyville
(336) 694-6700

**Central Carolina Fair**
September 12-21, Greensboro
(336) 433- 7243
www.centralcarolinafair.com

**Chatham County Ag. & Ind. Fair**
September 3-7, Pittsboro
(919) 542-5511

**Cherokee Indian Fair**
October 7-11, Cherokee
(828) 497-3028

**Chowan County Regional Fair**
September 23-27, Edenton
(252) 482-4057

**Cleveland County Fair**
Sept. 25-Oct. 4, Shelby
(704) 487-0651
www.clevelandcountyfair.com

**Coastal Carolina Fair & Expo**
October 16-25, New Bern
(252) 636-0303
www.ccjaycees.org

**Columbus County Ag. Fair**
October 6-11, Whiteville
(910) 642-7585

**Cumberland County Fair**
September 9-14, Fayetteville
(910) 438-4140
www.crowncoliseum.com/ccfair.htm

**Davidson County Ag. Fair**
September 15-20, Lexington
(336) 243-2528

**Dixie Classic Fair**
October 3-12, Winston-Salem
(336) 727-2236
www.dixieclassicfair.com

**Drexel Community Fair**
August 19-23, Drexel
(828) 438-3933

**Halifax-Northampton Ag. Fair**
September 9-13,
Roanoke Rapids,
(252) 537-0161

**Haywood County Fair**
September 23-28, Waynesville
(828) 452-6758

**Hickory American Legion Fair**
Aug. 27-Sept. 1, Hickory
(828) 464-5433

**Iredell County Ag. Fair**
September 1-6, Statesville
(704) 528-6176

**Lee County Ag. Fair**
Sept. 30-Oct. 4, Sanford
(919) 776-9977

**Lenoir County Fair**
Sept. 26-Oct. 4, Kinston
(252) 523-4555

**Macon County Fair**
September 17-21, Franklin
(828) 369-3523

**Moore County Ag. Fair**
September 23-27, Carthage
(910) 947-2774

**NC-SC District Fair**
September 18-27, Monroe
(704) 283-5846

**NC Mountain State Fair**
September 5-14, Fletcher
(828) 687-1414
www.ncmountainstatefair.org

**North Carolina State Fair**
October 17-26, Raleigh
(919) 733-2145,
www.ncstatefair.org

**Onslow County Fair**
Sept. 30-Oct. 5, Jacksonville,
(910) 346-3871

**Pitt County American Legion Ag Fair**
October 6-11, Greenville
(252) 758-6916

**Richmond County Fair**
Sept. 30-Oct. 4, Hamlet
(910) 582-4586

**Robeson County Fair**
October 3-11, Lumberton
(910) 738-2126
www.robesoncountyfair.com

**Rocky Mount Ag Fair**
September 12-20,
Rocky Mount
(252) 977-3247

**Rowan County Fair**
September 15-20,
Salisbury
(704) 633-2913

**Stanly County Fair**
August 28-Sept. 1,
Albermarle
(704) 983-2913

**Stokes County Fair**
September 8-13, King
(336) 983-3608

**Surry County Fair**
September 15-20,
Mount Airy
(336) 786-6830

**Vance County Fair**
September 23-27,
Henderson
(434) 348-3378

**Warren County Fair**
September 15-20,
Warrenton
(252) 257-4270

**Wayne Regional Ag Fair**
Sept. 25-Oct. 4,
Goldsboro
(919) 735-7277

**Wilkes County Ag Fair**
October 7-11,
North Wilkesboro
(336) 838-4942

**Wilson County Fair**
Sept. 16-21, Wilson
(252) 237-8443
www.wilsoncountyfair.org

# ELECTRIC SAFETY DURING STORMS

North Carolina has had more than its share of hurricanes, tornadoes, snow and ice storms in the recent past. Anyone of these natural phenomena can cause prolonged power outages. Here are some tips that can help you before, during and after a storm.

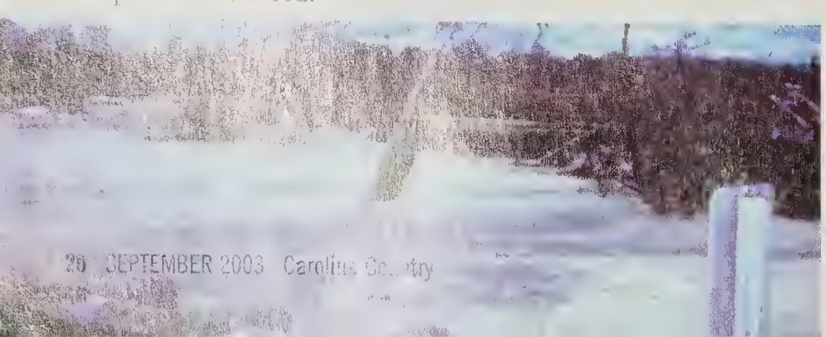
## BEFORE THE STORM

- Make sure flashlights, battery powered lanterns and or other sources of light are readily available
- Make sure flashlight and radio batteries are fresh.
- Make sure you have an adequate supply of medicine, first aid supplies and baby items.
- Homeowners with wells should draw an emergency water supply in case power to their electric water pumps is interrupted.
- Keep a supply of bottled water, non-perishable food items, bat teries and firewood on hand.
- If you have an emergency heating source, learn how to use it properly to prevent fire and ensure proper ventilation.
- Consider moving yourself and your family – especially those with special needs – to an alternate location during an extended outage.

If you evacuate, shut off your electricity at the fuse box and /or breaker box. When you return, check for electrical damage, such as frayed wires, downed power lines, sparks or the smell of hot or burned insulation. An electrician must repair damage inside your house. Your electric cooperative can only hook up power to your house. Co-op personnel cannot repair your fuse or breaker box or make repairs on or inside your house.

## DURING THE STORM

- Stay away from windows. Flying debris can cause injury. Do not use the phone or run water during lightning storms. Do not stand in water or take a bath or shower. Currents from lightning can enter through plumbing and phone lines.
- Don't leave candles unattended and keep them away from furniture, draperies and other flammable materials. Remember to keep children away from open flames.
- Don't open freezers and refrigerators any more than absolutely necessary.
- Listen to local radio stations for news about outages. Your elec tric cooperative makes a special effort to report the latest outage news to local radio stations and other media outlets.
- Turn off your heating and air conditioning systems, as well as your electric range. Unplug sensitive electronic appliances such as TVs, VCRs, microwave ovens and computers. This will protect your appliances against power fluctuations that can occur when power is restored. Be sure to wait five to ten minutes before turning on appliances and heating systems after power is restored. This may prevent possible damage if you're away when the power is restored.



## AFTER THE STORM

- If power lines and poles are down in your yard or in the street, always treat them as if they were energized and dangerous. Never touch them! Stay away. Call your electric cooperative to report the location so repairs can be made as soon as possible.
- Post-storm debris can hide power lines that have fallen. Fallen trees that contain energized power lines can energize any item it comes in contact with, such as a metal fence, a pond or standing water. Even the ground can be energized near fallen power lines. The real danger of fallen power lines is often hidden.
- If your electric service is out, check with your neighbors to see if they have power. If they do, you may have only a blown fuse or a tripped breaker. Never replace a fuse or reset a circuit breaker with wet hands or while standing on a wet (or even damp) surface.
- If you're without electricity and want to use a portable generator, make sure you use it in a well-ventilated area. Don't connect the generator to your home's electrical panel or fuse boxes. It may cause electricity to feed back into the power lines, which can endanger linemen and damage electric service facilities.
- If your power is out following a storm and you must cook food with Sterno or charcoal, remember to do so outside in a well-ventilated area. Cooking indoors with Sterno or charcoal will produce deadly carbon-monoxide fumes.
- Replenish your supplies of batteries, bottled water, non-perish able food items and firewood in preparation for future storms as soon as it's reasonably possible.

Helping line crews is appreciated, but working with power lines and electricity requires a high degree of training. In order to restore power with the highest degree of safety, restoration must be accomplished in a certain order and procedures. Above all, the hard working men and women restoring your power appreciate your patience and understanding that they are doing everything they can to restore your power as quickly and safely as possible.

# SEGURIDAD ELÉCTRICA DURANTE LAS TORMENTAS

Carolina del Norte ha tenido una buena cantidad de huracanes, tornados, tormentas de nieve y de hielo en el pasado reciente. Cualquiera de estos fenómenos naturales puede causar extensos períodos de corte de suministro eléctrico o apagones. Aquí hay algunas sugerencias que pueden serle útiles antes, durante y después de la tormenta.

## ANTES DE LA TORMENTA

- Tenga fácilmente disponibles lámparas de mano con baterías y/u otras fuentes de luz.
- Asegúrese de que las baterías de las lámparas de mano y de los radios estén cargadas.
- Tenga una provisión adecuada de medicamentos, suministros de primeros auxilios y artículos para bebés.
- Los dueños de casa que tengan pozo de agua potable deben sacar una reserva de agua de emergencia en caso de que el suministro eléctrico a las bombas de agua se interrumpa.
- Tenga a mano una provisión de agua embotellada, alimentos no pere cederos, baterías y leña.
- Si tiene una fuente de calefacción de emergencia, aprenda a usarla correctamente para evitar incendios y de que haya buena ventilación.
- Considere trasladarse con su familia, especialmente si hay personas con necesidades especiales, a otro lugar durante un corte de suministro eléctrico prolongado.

Si evacua su casa, corte el suministro de energía eléctrica en la caja de fusibles o de interruptores automáticos. Cuando vuelva, vea si hay daños eléctricos, tales como cables desgastados, cables de alta tensión caídos, chispas u olor a aislamiento recalentado o quemado. El daño dentro de su casa debe ser reparado por un electricista. La cooperativa de electricidad sólo puede conectar el suministro eléctrico a su casa. El personal de la cooperativa de electricidad no puede reparar la caja de fusibles o de interruptores automáticos ni hacer reparaciones dentro de su casa.

## DURANTE LA TORMENTA

- Durante la tormenta, quédese dentro de una casa o edificio. Aléjese de las ventanas. Los desechos volantes pueden causar lesiones. No use el teléfono ni el agua corriente durante una tormenta eléctrica. No se pare sobre el agua, no se duche y no se bañe. Las corrientes eléctricas de los rayos pueden entrar por las tuberías de agua y las líneas de teléfono. During the storm get inside a building.
- No abandone velas encendidas y manténgalas lejos de los muebles, las cortinas y otros materiales inflamables. Recuerde mantener a los niños ale jados del fuego.
- No abra el congelador ni el refrigerador más de lo absolutamente necesario.
- Escuche las emisoras de radio locales para tener información sobre los apagones o cortes de suministro eléctrico. La cooperativa de electricidad hace un esfuerzo especial por dar a conocer los cortes de suministro eléc trico más recientes a las emisoras de radio locales y a otros medios de comunicación masiva.
- Apague la calefacción y el aire acondicionado y también la estufa eléctrica. Desenchufe los aparatos electrónicos sensibles, tales como el televisor, la videocasetera, el horno de microondas y la computadora. Esto protege los aparatos contra las variaciones de voltaje que se pueden producir cuando se reanuda el suministro eléctrico. Cerciórese de esperar de cinco a diez minutos antes de volver a enchufar los aparatos y el sistema de calefac ción después de que se reanude el suministro eléctrico. Esto puede evitar daños si usted no está presente cuando se reanude el suministro eléctrico.

## DESPUÉS DE LA TORMENTA

- Si hay cables de alta tensión y postes caídos en su jardín o en la calle, trátelos siempre como si estuvieran electrificados y fueran peligrosos. No los toque nunca. Aléjese. Llame a la cooperativa de electricidad para dar a conocer la ubicación de los cables de alta tensión caídos a fin de que la cooperativa de electricidad pueda hacer las reparaciones lo más pronto posible.
- Después de la tormenta, los escombros pueden ocultar cables de alta tensión caídos. Los árboles caídos que contienen cables de alta tensión pueden electrificar cualquier objeto con el cual entren en contacto, tales como una reja de metal, una laguna o un estanque de agua. Hasta el suelo puede estar electrificado cerca de los cables de alta tensión caídos. El peligro real de los cables de alta tensión caídos con frecuencia se encuentra oculto.
- Si no tiene servicio eléctrico, vea si sus vecinos tienen electricidad. Si tienen, usted puede tener un problema con un fusible quemado o un inter ruptor automático que ha saltado. Nunca cambie los fusibles o reemplace los interruptores automáticos con las manos mojadas o estando de pie sobre una superficie mojada (o húmeda).
- Si no tiene electricidad y desea usar un generador portátil, úselo en un área bien ventilada. No conecte el generador al panel eléctrico o a la caja de fusibles de su casa. Esto puede hacer que la electricidad fluya hacia los cables de alta tensión, lo cual puede poner en peligro a los trabajadores y dañar las instalaciones de la cooperativa de electricidad.
- Si no tiene electricidad después de una tormenta y debe cocinar alimentos con combustible Sterno® o carbón, recuerde hacerlo fuera en un área bien ventilada. El cocinar dentro de la casa con Sterno® o carbón puede pro ducir vapores mortales de monóxido de carbono.
- Tan pronto como sea razonablemente posible, reabastezca sus reservas de baterías, agua embotellada, alimentos no perecederos y leña como preparación para la próxima tormenta.

Se agradece la ayuda que pueda desear prestarle a las cuadrillas de restitución de servicio eléctrico, pero el trabajar con cables de alta tensión y electricidad requiere un alto grado de capacitación. Para restituir el suministro eléctrico con el mayor grado posible de seguridad, se debe seguir un cierto orden y procedimientos. Sobre todo, los hombres y mujeres que trabajan intensamente para restituir el suministro eléctrico le agradecen su paciencia y su comprensión de que están haciendo todo lo posible para restituir el servicio eléctrico lo más pronto y seguramente posible.

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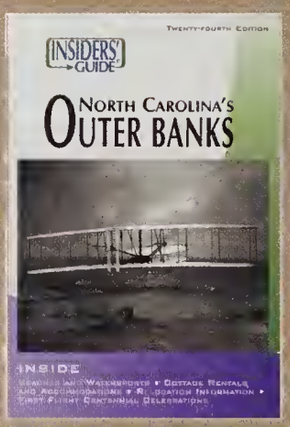
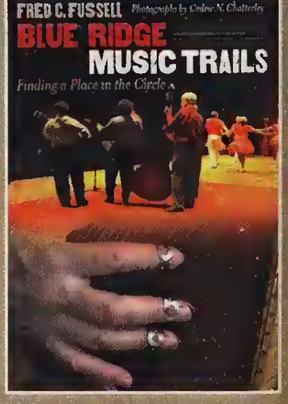
## ON THE BOOKSHELF




### Insiders Guide to Outer Banks

This new guide covers accommodations, daytrips, ferries, recreational sports, restaurants, shopping and nightlife along the fabled coastal region. Local residents and authors Molly Harrison and Diane Buccheri provide regional history and information about neighborhoods, real estate, child care and education, along with festivals and celebration centennials for First Flight. $18.95. Softcover, 520 pages, 12 maps. Published by Globe-Pequot Press in Guilford, Conn. Call (800) 243-0495 or visit www.globepequot.com.

### "Blue Ridge Music Trails"




This traveler's guide focuses on finding and enjoying bluegrass, gospel and old-time music in communities throughout western North Carolina and southwest Virginia. More than 160 venues and events within 25 miles of the Parkway are listed, along with driving directions and maps. The events range from small jam sessions to well-known festivals that draw thousands. Also included are profiles of artists, nearly 150 color photographs, information about various performance styles and a brief history of Blue Ridge music. A companion Web site, www.blueridgetrails.org, supplements the book. "Blue Ridge Music Trails: Finding A Place in the Circle" by Fred C. Fussell is $15.95 in softcover from The University of North Carolina Press. Call (800) 848-6224 or visit www.uncpress.unc.edu.

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# INDIAN ARROWHEADS are the "GEMS" of the Carolina Piedmont

*By Ron Harris*

Reminders of North Carolina's earliest inhabitants appear in the form of Indian arrowheads that were once plentiful in central North Carolina. These Carolina gems have been found in almost every area of North Carolina, especially in the central Piedmont region. There are numerous collectors throughout that area who have hunted, traded, bought and otherwise accumulated collections of various sizes over the past decades.

The earliest inhabitants of what is now North Carolina were the Paleo Indians of the Clovis Culture, who made beautifully flaked stone Clovis points. Fluted channels on the points aided in "hafting" or attaching them to a spear shaft. Clovis points date back 10,000 to 12,000 years ago and are infrequently found at various locations throughout North Carolina as well as other areas the United States. Clovis points are highly prized by collectors and are displayed with pride, considering their rarity.

Later cultures, like the Hardaway people, inhabited various areas of the Piedmont region in slightly greater numbers than did the Clovis. The Hardaway technology in the making of flint-tipped spears or "atlatl" darts changed to what is called the Hardaway-Dalton, and Hardaway side-notched style points. The Hardaway culture existed in what archaeologists term the early archaic period or about 10,000 to 11,000 years ago. Later prehistoric cultures or traditions to evolve in North Carolina included Palmer, Kirk, Rowan, Stanly, Morrow Mountain, Guilford, Halifax and Savannah River. These cultures existed through the early, mid and late archaic periods with a time span of 3,000 to 10,000 years ago. Spear points and flint knives from these traditions are found on knolls or ridges near streams and natural springs where these cultures camped while in search of fruit, nuts and wild game for food. These earliest inhabitants of North Carolina were considered "hunters and gatherers."

*These arrowheads in the Harris collection were found during many years of surface hunting in fields of the Piedmont region where Indians lived hundreds and, in some cases, thousands of years ago.*

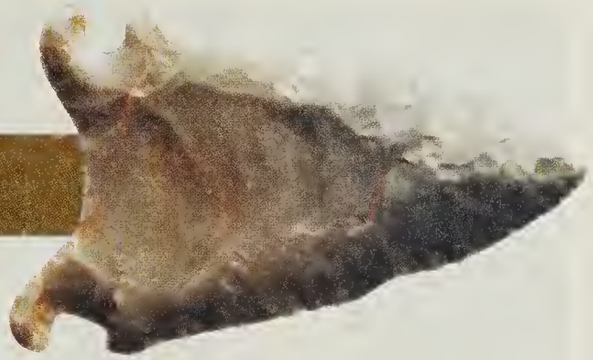
The bow and arrow wasn't introduced into use in North Carolina until sometime in the millennium after the birth of Christ. This was the Woodland period that dates from 3,000 years ago until around AD 1400. Projectile points during this period were small and triangular-shaped. These flint points were actually the first "true" arrowheads. They are found on Woodland period sites close to major rivers, streams and water sources. By this time, the Woodland people were more settled in their way of life and engaged in the planting, growing and harvesting of crops in the rich fertile river bottoms along major Piedmont waterways and their tributaries. Arrowheads from this period are called Yadkin, Eared Yadkin, Pee Dee, and Uwharrie. These are all named after major rivers in the area near where they are found.

European contact with the indigenous Native Americans began in the early 1600s and into the 1700s. This period of time is called the Historic period. Arrowheads used by the Native Americans during this period are called Caraway, Randolph and Hillsboro types.

The projectile points and cutting blades made and used by the ancient natives were essential for their survival and existence at that point in our prehistory. Today, however, many consider these flint points or artifacts as gems and even objects of ancient art. They are highly prized, treasured and collected by both old and young alike.

In the past, archaeologists excavated stratified (layered) sites where prehistoric people once camped or existed. They were able to establish a chronological sequence of the various ancient cultures and their associated projectile points by the carbon dating process. That is how we are able to differentiate between the various point types found today in plowed fields, gullies, washouts, riverbanks, construction sites, and elsewhere. Credit for establishing this culture sequence is given to the late Dr. Joffre Coe of the University of North Carolina at Chapel Hill. In the 1940s and 1950s, he completed scientific surveys and excavations of stratified sites at Hardaway, Doershuck and Gaston among others.

# EADS



*ABOVE: This Hardaway side-notched projectile point from the Harris collection was found in Stokes County. These points are considered to be among the oldest artifacts of North Carolina's prehistoric cultures, dating to about 10,000 years ago. It is a 2 ½-inch fluted point, thinned at the base to facilitate hafting (attaching) to a shaft. It probably was used to tip a dart or spear shaft, because the bow and arrow were not introduced to the area until thousands of years later.*

*LEFT: Ron Harris holds a prized Southern trophy stone axe head found in 1940 by a friend of his father's, who later donated it to the Harris collection. The axe was found at Lyle Creek, near Conover in Catawba County. Considered one of the finest ever found in the state, the axe has been featured in several archaeological publications. Harris is shown in his "relic room" with Indian arrowheads and artifacts found in the Piedmont region. His collection is included in the Who's Who in Indian Relics reference guide.*

*BELOW: Examples of Savannah River type projectile points found near the Uwharrie National Forest in Randolph, Montgomery, Davidson and Stanly counties. The center blade is about 7 ½ inches long.*

Interest in Indian prehistory and the collecting of their arrowheads was so great that the Piedmont Archaeology Society of North and South Carolina was formed several decades ago and is still going strong. It is composed of individuals, enthusiasts, hobbyists, amateur archaeologists, educators and collectors who are genuinely interested in learning from and preserving the remnants of prehistoric life in North Carolina.

The Piedmont Society holds at least three or four relic shows each year at various locations in North and South Carolina. Admission is free and hundreds of member collectors and the general public as well attend to swap stories, display their artifacts, buy, sell, trade and generally exchange archaeological research information and updates.

Ron Harris is a member of EnergyUnited, a Touchstone Energy cooperative. He lives on Lake Hickory in the Bethlehem community of Alexander County. Contact him at P. O. Box 1516, Hickory, NC 28603. E-mail: harrisheadhunter@aol.com

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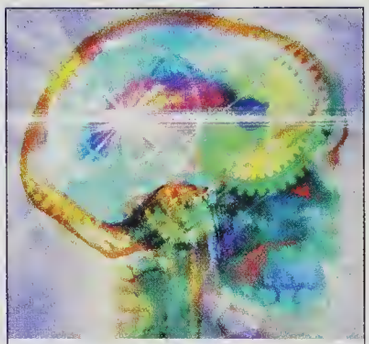

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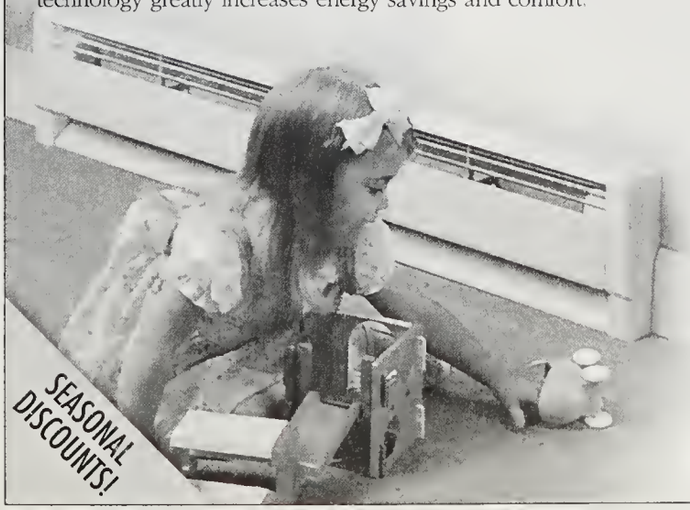


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# Safe surfing for kids – how to avoid online dangers

By Joshua F. Finer, MBA - President, Software4Parents.com

## *Did you know...?*

- 1 out of 5 kids has been sexually solicited online *
- 1 out of 4 kids has been sent a picture of naked people or people having sex online*
- the first death of a child linked directly to an Internet predator happened May 21, 2002? **

Parents' biggest concern about the Internet used to be pornography, but there is definitely a greater fear today. You have probably taught your child not to talk to strangers, and in many situations, they would remember this key rule. But the Internet is different.

Due to the Internet's anonymity, strangers are talking to children all the time. Often posing as kids themselves, they try to gain the child's trust by having friendly conversation at first, but over time, their true objective of sexually soliciting the child becomes evident. Children and parents alike are unaware of this, yet this is exactly what is going on via the Internet.

What can today's parent do? Armed with information, there's quite a bit a parent can do.

The Internet can open many doors and provide useful information for children. An aware and informed parent can help keep children safe.

## Software4Parents.com's Top 5 Internet *Safety Tips*

1. Tell your child to never reveal their name, address, phone number or any other personal information to anyone online. Once you give out this information, it is impossible to retract.

2. Communicate regularly (not just once) with your child about what they do online and whom they talk to online. If you have actually met the friends they are talking to in person, you'll know it is OK for them to chat with them online.

3. Take computers out of kids' rooms and put them into public areas such as the family room. Many parents think they are helping with homework by giving the kids a computer, but it also opens certain dangers that you may be unaware of.

4. Choose your child's screen name, e-mail address or instant message name wisely – don't reveal ages, sex, hobbies, and certainly not suggestive or sexy names. Predators are more likely to pursue a child with the screen name "sexyteen5" than "happygirl5."

5. Use technology to help you protect your child. Monitoring software gives you the ability to review your child's Internet usage. Although some parenting experts have concern over violating children's trust, others feel that this is very important. Even if you don't look at each and every e-mail or instant message they send, you'll have a good idea if they are making smart choices online.

Joshua Finer is a Pennsylvania State University MBA and Internet safety expert. He is president of Software4Parents.com and lives in Bucks County, Penna.

*Statistics from "Online Victimization: A Survey of the Nation's Youth" – a study by the National Center for Missing and Exploited Children, 2000

**Case referenced is that of Christina Long in Danbury, Conn. Numerous news articles refer to this case.

### RESOURCES

... for more information on how to keep your child safe ...

www.[illegible]ns/pguide/pguide.htm
www.[illegible]ts/internet/
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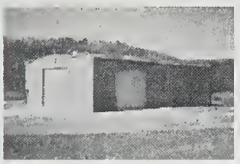

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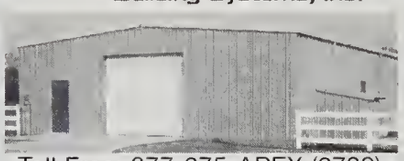
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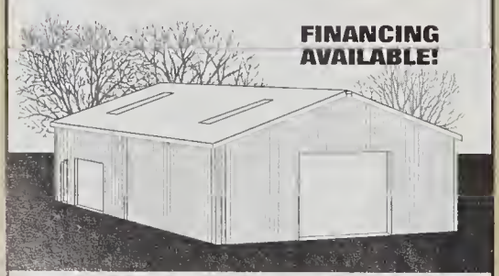
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# Divide & Conquer

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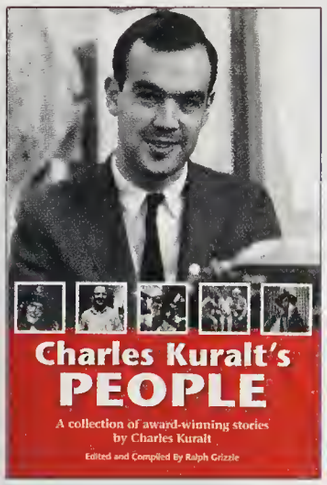


There is a nine-digit number which uses each of the digits from 1 through 9. The first two digits are divisible by 2; the first three digits are divisible by 3; the first four by 4, etc., with the nine-digit number being divisible by 9.

Can you find the number?

Email your answer to cjoyner@brinet.com, or mail to:

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Hendersonville, NC 28791.

Correct answers will be numbered as received by the deadline: October 1, 2003. Entries will be drawn at random by computer. The first correct entry drawn will win a copy of "Charles Kuralt's People," by Ralph Grizzle.

The winner's name and puzzle answer will be published in our November issue.

# Word play

WARD-WARY-PRAY

L O N G

__ __ __ __

__ __ __ __

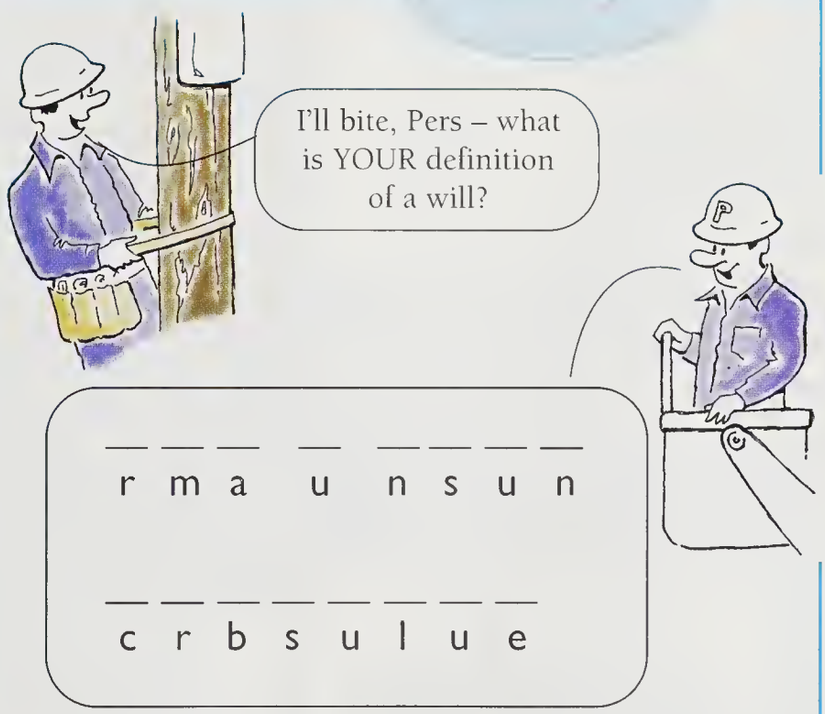
__ __ __ __ __

S H O R T

The LONG and the SHORT of it. . .

To go from LONG to SHORT you must change one letter or add one letter in each step. Letters can be rearranged in any step. Your answer may be different from mine.

## Percy P. Cassidy — Poles Apart




_ _ _ _ _ _ _ _ _

r m a u n s u n

_ _ _ _ _ _ _ _ _

c r b s u l u e

Use the capital letters below to fill in the blanks above.

"A D E G I S T V W Y" means

u n s c r a m b l e

Answers on page 32

# Southern exposure

## Remembering Charles Kuralt

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He said it went back to his early days when he was writing copy for Douglas Edwards' news show. Hewitt was an associate director for the program. As Kuralt told it, he strove repeatedly to write at least one perfect paragraph which would get by Hewitt, unaltered, but it never happened.

"I've known for a long while that Don Hewitt knows good writing when he sees it," Charles told the awards dinner audience. "And he doesn't want any part of it."

"Remembering Charles Kuralt" is a delightful book from start to finish. You won't want to miss any part of it.

For a chance to win the book, "Charles Kuralt's People," also by Ralph Grizzle, enter the "Divide and Conquer" puzzle contest.

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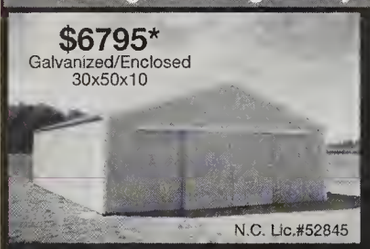

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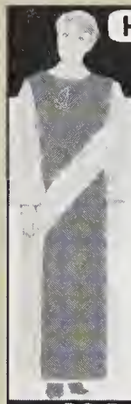

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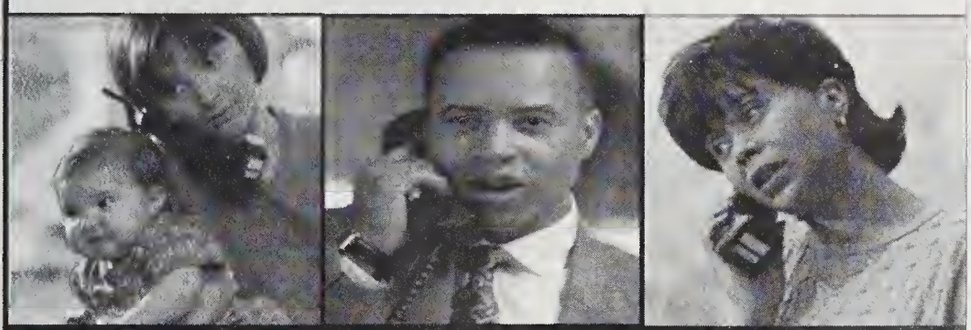

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www.cradleofforestry.com

**Schiele Museum**
Ongoing. Gastonia.
(704) 866-6909.
www.schielemuseum.org

**Mount Airy Museum of Regional History**
Ongoing. Mount Airy.
Through Jan. 2004, "Still Life" •
(336) 786-4478.
www.northcarolinamuseum.org

**Asheville Art Museum**
Ongoing. Asheville.
(828) 253-3227.
www.ashevilleart.org

**Caldwell County Heritage Museum**
Ongoing. Lenoir.
(828) 758-4004.

**Historical Museum**
Ongoing. Kings Mountain.
Through October 13, Athletes From Western Piedmont •
(704) 739-1019.

## PIEDMONT
(between I-77 and I-95)

**Polo Matches**
Most Sundays. Pinehurst.
(910) 295-4446.

**Geometric Exhibit**
Through Oct. 8. Davidson.
(704) 894-2519.

**Unheard Voices Tour**
Through Dec. Charlotte.
(704) 335-3325.

**Flatwoods Festival**
Sept. 5-6. Bennett.
(336) 581-3677.

**Blues Festival**
Sept. 5-6. Durham.
(919) 683-1709.
www.hayti.org/blues

**Flatwoods Festival**
Sept. 5-6. Bennett.
(800) 316-3829.

**La Fiesta del Pueblo**
Sept. 6-7. Raleigh
(919) 835-1525.
www.elpueblo.org

**Elks Fall Craft Fair**
Sept. 6. Raleigh.
(919) 389-8314.

**Oldies Variety Show**
Sept. 6, 13, 20, 27. Liberty.
(336) 622-4813.
www.LibertyJubilee.com

**Vaudeville Variety Show**
Sept. 6. Davidson.
(704) 892-1296.

**Mars Viewing**
Sept. 6. Jordan Lake.
(919) 542-8296.

*continued on p. 36*

# SEPTEMBER EVENTS

*continued from p. 35*

**Toy & Hobby Show**
Sept. 6-7. Raleigh.
(919) 553-4285.
www.insidepitch.com

**Yesteryear Festival**
Sept. 6. Fayetteville.
(910) 486-1330.

**Chamber Concert**
Sept. 6. Davidson.
(704) 894-2135.

**Glenn Miller Orchestra**
Sept. 7. Salisbury.
(704) 633-1474.
www.rcamusic.com

**Croquet Tournament**
Sept. 9-14. Pinehurst.
(910) 235-8556.

**Home Tour**
Sept. 11. Carthage.
(910) 947-3188.

**"Dames at Sea"**
Sept. 12-Oct. 5. Raleigh.
(919) 821-3111.

**Antique Tractor Pull**
Sept. 12-14. Oakboro.
(704) 485-4906.
www.hinsonauction.com

**Civil Rights Tour**
Sept. 13. Durham.
Free. (919) 682-3036
www.preservationdurham.org

**Farm Festival**
Sept. 13. Liberty.
(336) 622-1795.
www.risingmeadow.com

**Grandparents Fishing**
Sept. 13. Fayetteville.
Free. (910) 424-6134.

**Music in the Park**
Sept. 14. Greensboro
(336) 272-5003.

**Golf Classic**
Sept. 15. Raleigh.
(800) 356-5362.

**Taste Celebration**
Sept. 16. Statesville.
(704) 872-9778.

**Rug-Hooking Exhibit**
Sept. 18-20. Charlotte.
(704) 341-5794.

**N.C. Symphony**
Sept. 18. Southern Pines.
(910) 692-4356.

**Thelonius Monk**
Sept. 19. Davidson.
(704) 894-2135.

**Quilters Show**
Sept. 20. Carthage.
(910) 947-3188.

**Crafts & Collectibles Show**
Sept. 20. Creston.
Free. (336) 385-2476.
www.riverviewcommcntr.org

**Boll Weevil Festival**
Sept. 20. Marshville.
(704) 624-3183.

**Tobacco Festival**
Sept. 20. Durham.
(919) 477-5498.
www.ah.dcr.state.nc.us/sections/hs/duke/duke.htm

**Autumn Moon Festival**
Sept. 20.
Hillsborough.
(919) 245-2325.

**Jazz Concert**
Sept. 21.
Davidson.
Free.
(704) 894-2357.

**Fall Rodeo**
Sept. 26-27.
Efland.
(704) 882-6994.

**Craft & Farm Festivals**
Sept. 26-28.
Aberdeen.
(910) 944-7558.

**Antique Festival**
Sept. 26-27.
Liberty.
(336) 622-3040.

**Friday Night on Main**
Sept. 26. Danbury.
(336) 591-8159.

**Antique Car Show**
Sept. 27. Pinehurst.
(910) 949-2420.

**Founders Day**
Sept. 27. Gold Hill.
(704) 279-7897.

**Stokes Stomp**
Sept. 27-28. Danbury.
(336) 591-8159.

**Dressage Show**
Sept. 27-28. Pinehurst.
(910) 692-1788.

**Folk Festival**
Sept. 28. Fayetteville.
(910) 323-1776.

**Preserving Heirlooms**
Sept. 29. Greensboro.
(336) 272-5003.

**Oakboro Regional Museum**
Ongoing. Oakboro.
Free. (704) 485-3612.

**Granville County Historical Society Museum**
Ongoing. Oxford.
(919) 693-9706.

***Visitors can experience a taste of Cape Fear's past in touring "What's Cookin' in Cape Fear," an exhibit at Cape Fear Museum in Wilmington. Oral histories, vintage documents, tastings and recipes are included in the display, which runs through Nov. 30. Call (910) 341-4350 or visit www.capefearmuseum.com.***

**Museum of Life and Science**
Ongoing. Durham.
(919) 220-5429.
www.ncmls.org

**N.C. Museum of Natural Sciences**
Ongoing. Raleigh. Through January, Titanic Artifacts.
Free • (919) 733-7450.
www.naturalsciences.org

**N.C. Museum of History**
Ongoing. Raleigh.
Sept. 20, Hearing Impaired Tour • Sept. 21, ACC Glory • Sept. 27, Christmas in Sept. •
(919) 715-0200.
www.ncmuseumofhistory.org

**N.C. Museum of Art**
Ongoing. Raleigh.
Sept. 6, Appraisal Day • Through May 11, Sculptor Exhibit • (919) 839-6262.
www.ncartmuseum.org

**Chapel Hill Museum**
Ongoing. Chapel Hill.
(919) 967-1400.
www.chapelhillmuseum.org

**Ackland Art Museum**
Ongoing. Chapel Hill.
(919) 966-5736.

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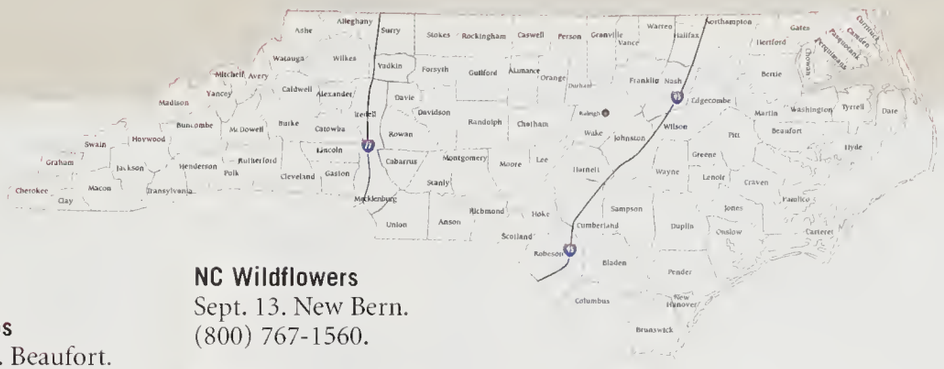

**Airborne Museum**
Ongoing. Fayetteville.
Exhibit on Fort Bragg.
(910) 483-5311.
www.asomf.org

**Charlotte Museum of History**
Ongoing. Charlotte.
Stenciled Floorcloths • Basket Weaving • Through Sept. 25, "War Birds Diary" • Through June 2004, "Faces of our State" • Through Sept. 2004, "Soldiers' Stories" • (704) 568-1774.
www.charlottemuseum.org

**Mint Museum of Art**
Ongoing. Charlotte.
"Passing (Time)" • "Quilt Classics" • Through Nov. 23, MacNeil Jewelry • (704) 337-2009.
www.mintmuseum.org

**Discovery Place**
Ongoing. Charlotte.
"DNA: Secret of Life" •
(704) 372-6261.
www.discoveryplace.org

## COAST
### (east of I-95)

**Portsmouth Photos**
Through Oct. 26. Beaufort.
(252) 728-7317.

**Kids Crab Derby**
Sept. 1. Southport.
(910) 457-7945.

**"Grapes of Wrath"**
Sept. 2. New Bern.
(800) 767-1560.

**Collard Festival**
Sept. 2-6. Ayden.
(252) 746-2266.

**"Elizabeth R"**
Sept. 3. Manteo.
(252) 475-1500.

**Belote Art Show**
Sept. 3-Oct. 29. Manteo.
(252) 475-1506.
www.roanokeisland.com

*Photographer Jan Eason's exhibit, "Infrared photos of Portsmouth Village," opens Sept. 6 at the North Carolina Maritime Museum in Beaufort. The exhibit, which includes black and white shots of a life-saving station and a Methodist Church, will be up through Oct. 26 at the museum. Call (252) 728-7317.*

**MCC Rodeo**
Sept. 5-7.
Williamston.
(252) 792-1521.

**Fall Home Expo**
Sept. 5-7.
Morehead City.
(252) 247-3883.

**Boomerang Competition**
Sept. 6-7.
Kill Devil Hills.
(877) 359-8447.
www.kitty hawkkites.com

**"Bloody Mary"**
Sept. 10.
Manteo.
(252) 475-1500.

**Bald Convention**
Sept. 12-13.
Morehead City.
(252) 726-1004.

**NC Wildflowers**
Sept. 13. New Bern.
(800) 767-1560.

**Boat Show**
Sept. 13-14. Greenville.
(252) 321-4287.
www.pittcc.edu

**Indian Summer Festival**
Sept. 13. Hertford.
(252) 426-5657.

**Wildlife Day**
Sept. 20. Coefield.
(252) 482-7056.

**King Neptune Ball**
Sept. 20. Atlantic Beach.
(252) 726-6273.

**"Big Sweep"**
Sept. 20. Beaches.
(252) 726-1004.

**Horse Show**
Sept. 26-28. Williamston.
(252) 792-4715.

**Ebony Muse Concert**
Sept. 27. New Bern.
(252) 514-4900.

**Stampede Festival**
Sept. 26-27. Williamston.
(252) 792-4131.
www.martincountync.com

**Safety Day**
Sept. 27. Elizabeth City.
(252) 335-1424.

**Fall Festival**
Sept. 27. Ebony, Va.
(434) 636-2494.

**Solazo Concert**
Sept. 27. Bayboro.
(249) 249-3362
www.pamlicomusic.org

**NC Maritime Museum**
Ongoing. Beaufort.
Sept. 6-Oct. 26, Portsmouth Photos.
(252) 728-7317.
www.ncmaritimemuseum.com

**Cape Fear Museum**
Ongoing. Wilmington.
Through Sept. 2, • "AirPlay" Through Nov. 30, "What's Cooking" • Opens Oct. 1, "How Things Work" •
(910) 341-4350.
www.capefearmuseum.com

**Core Sound Waterfowl Museum**
Ongoing. Harkers Island.
(252) 728-1500.
www.coresound.com

### LISTING INFORMATION

Deadline for November: September 25 | Deadline for December: October 25

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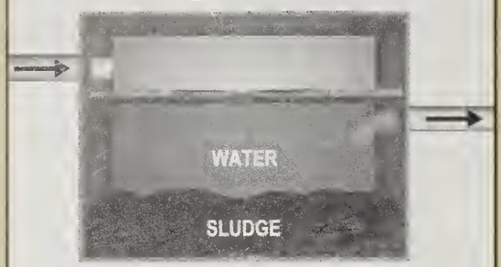


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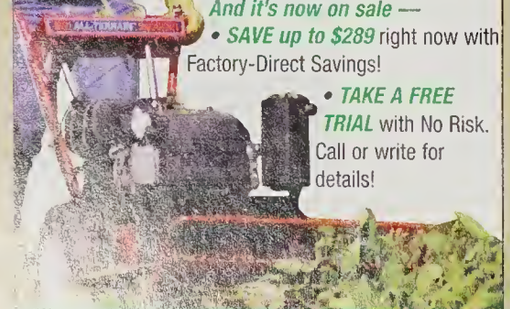

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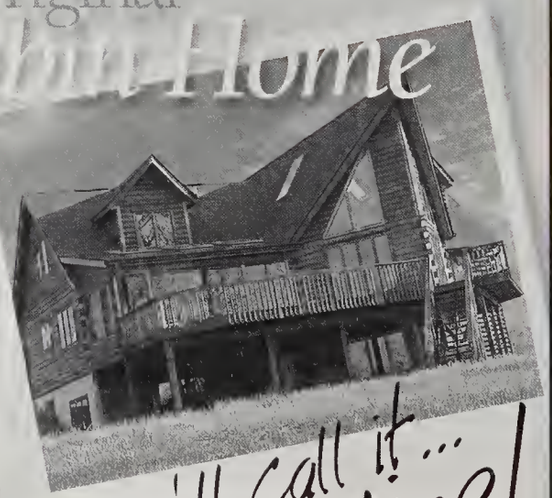

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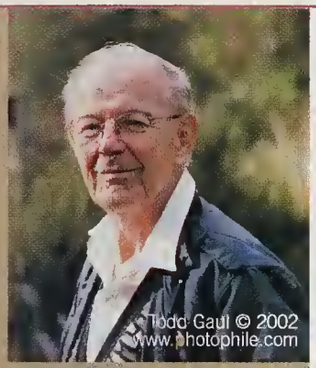


*With Autumn and winter soon approaching, we turn to preparing indoor gardens for winter pleasure. Insects and diseases need to be "nipped in the bud" before they combine forces for attacks in autumn and for heavy entrenchment in the spring.*

*Crocus bulbs can be planted in the fall for spring blooms.*

## Strawberries for Food and Color

Strawberries make effective and useful border plants for terraces or flowerbeds. Planted in jars, barrels, or "stacked" in a pyramid, they can be attractive landscape features. Straw-berries can be used as a groundcover in sunny or partially shaded situations. In North Carolina coastal areas, plants set in September or October should produce berries the following year. In other areas of North Carolina, plants are set in the spring. If you already have strawberries in rows or beds: Remove mulch if necessary and narrow garden beds and rows with a garden plow or rotary tiller. A sharp spade also will do a good job; thin plants to 6-to-10 inches apart and remove weeds from rows. While plants are weed-free, apply a pre-emergence herbicide to control weeds. Follow directions on container. Fertilize, water, and keep up insect and weed control.

## Japanese Beetles and June Beetles

Both Japanese and June beetles lay their eggs in mid and late summer. When hatched, young larvae or grubs feed on roots and underground stems of grasses and other plants. Watch carefully for brown patches on the lawn and for sickly or dying annuals, perennials and shrubs. Grubs feed fairly closely to the soil's surface. To spot grubs, roll back turf or dig around suspect plants. Treat with insecticide immediately. Irrigate after application so chemical is washed down into infected areas.

## Watch For Sawfly

Redheaded pine sawfly will attack any pines, but young pines defoliated by feeding groups of sawfly larvae or caterpillars are damaged most often. Adult caterpillars are about an inch long. They are yellowish green with six rows of black spots and an orange-red head. There may be more than one generation per year, so it's important to make periodic checks.

## Outdoor and Indoor Gardens

Household plants that have summered outdoors need to be acclimated gradually before being taken back indoors. Move their pots to a partly sunny spot for about a week. Then place them in light shade for a few days. The spotty shade beneath pine trees is often a good place.

### GARDENING FOCUS

*Vegetables*

Insect and disease control is especialy important for fall vegetables. Both increase their damage during spring and summer. Early blight on tomatoes and potatoes attacks leaves, stems, and fruit. As stem canker or collar rot, they can be destructive to young seedlings. Symptoms are irregular brown spots on leaves. On stems and fruit these spots may be sunken. Spots en-large as tissue dies around infected spots.

Late blight on tomatoes and potatoes usually isn't a problem. But blight may appear during cool, wet periods in fall. Disease sometimes produces white cottony growth on lower leaf surfaces. Spray plants at five to ten-day intervals with the fungicide Maneb.

### HORT shorts

- Dig gladiosul corms about eight weeks after plants have flowered -- the tops don't have to be dead. Cut away stems close to new corms. Destroy all corms with disease spots.
- Roses and crepe myrtles seldom flower heavily in shaded locations. Sometimes it is necessary to root-prune to "shock" shrubs into flower. The best time for this is mid-winter. Cut outer roots with a sharp instrument in a circle around plant to a depth of 12 inches. This is especially useful with lilac. One caution: root pruning will reduce rate of growth.
- If you failed to sow seed buy a few started plants of snapdragon, stock, calendula, and sweet alyssum. These are available in nurseries in individual pots, or in trays of 12 or more. They transplant easily, and withstand winter weather. Sometimes during mild periods in autumn and early winter they produce blooms.
- Plant these bulbs now for spring blooms: For upper South areas, plant Dutch, French and Roman hyacinth, narcissus, snowdrop, scilla, crocus, and ranuculus. For mid-South, including North Carolina coastal areas: amaryllis, Easter lily, calla lily and Zephyranthes. If there is doubt about which region your area falls in, consult a nursery about a particular bulb.
- Some annuals respond better when fall planted. Among these are all types of poppies, phlox, and cornflower. In the upper South plant these seeds in late September. In the lower South, wait for cool days of October.

# Inexpensive kits adjust volume of toilet water per flush

By James Dulley

*Dual-flush kits allow different settings to control water usage.*

*Flushing of toilets is the major water consumption activity in most homes and typically accounts for 33 percent of the total water usage. This can cost the typical family up to $200 per year. If you have toilet leakage problems that allow the water to continually run, the annual water usage expense can be substantially greater. Many designs of do-it-yourself water-saving kits (prices start at only $5) are available. Combining the water bill savings and the energy bill savings from installing these kits in your toilets can total up to $100 per year.*

People don't often realize that excessive toilet water usage can also increase their energy bills. During the winter, the incoming water that fills the toilet tank is cold. As it rests in the tank, it draws heat from the bathroom air as the water warms to room temperature. This heat drawn from the indoor air requires the furnace or heat pump to run a little longer.

If you use an air conditioner during the summer, there is a slight energy savings from the cooling effect of the water. Unfortunately, the incoming water temperature is warmer during the summer so the benefits are less than the energy costs during the winter. Also, a cold toilet tank during the summer often sweats and may damage the floor beneath it.

Most of the do-it-yourself kits available include new flapper valves, so installing one also often eliminates a water running problem. Most of them can be installed in about five minutes. Even the most complicated, but efficient, multiple flush models take only about 15 minutes to install.

The basic types of water-saving flush kits are: dual-flush handles, flapper valves, water dams, and diverters. Many of the kits are adjustable so you can vary the volume of water per flush. You probably won't be able to get it as low as the 1.6 gallons per flush on a new toilet, but your old toilet should flush well with 40 to 50 percent less water usage than now.

Write for (instantly download www.dulley.com) Update Bulletin No. 546 – a buyer's guide of eight water-saving flush kit manufacturers listing design types, water savings, installation instructions, toilet troubleshooting, and water-saving guides. Please include $3.00.

**Send to:**

James Dulley
Carolina Country
6906 Royalgreen Dr.
Cincinnati, OH 45244

Dual-flush kits are one of the best methods to significantly reduce the water usage of any old toilet while still maintaining an effective flushing action. These kits are particularly effective because they provide two different water volume flushes: 1) a low-water usage flush for liquid wastes and 2) a standard-volume flush for solid wastes. The simplest designs have only five parts to install.

One type of do-it-yourself dual-flush kit uses a single flush handle in place of the old handle and several different pieces inside the toilet tank. For a water-saving flush for liquids, you push the handle down as always. For a full-volume flush for solid wastes, you lift the handle. A simple flushing instructions label is included and it attaches under the handle. Another dual-flush design uses two separate handles in place of the existing handle. One nests inside the other so it looks fairly standard. For a water-saving flush, you push the longer handle down. For a full-volume flush, you push the shorter handle down.

Inside the toilet tank, both designs work the same way. The water-saving flush only partially lifts the flapper, so it closes quickly allowing less water to flow out. The full flush lifts the flapper the standard amount.

There are many designs of water-saving flapper valve kits. With most flapper valve designs, air trapped inside of them holds them open as the toilet tank empties. The water-saving ones allow the trapped air to empty quicker so the flapper closes sooner than usual before the tank totally empties. To install one, just pull the old flapper up over the overflow tube and slip the new one back down over the tube.

You can fine-tune some of the flapper kits to get an effective flush with the least water usage. The required water usage varies with different toilet designs. These flappers have a tiny adjustable hole at the bottom. By varying the hole size, the trapped air and the flush water volume can be controlled.

Water dams fit in the bottom of the toilet tank and spring out to seal against the sides. They effectively reduce the water volume in the tank without decreasing the water height or the flush pressure. Diverter kits divert some of the bowl water to the tank after each flush to save water.

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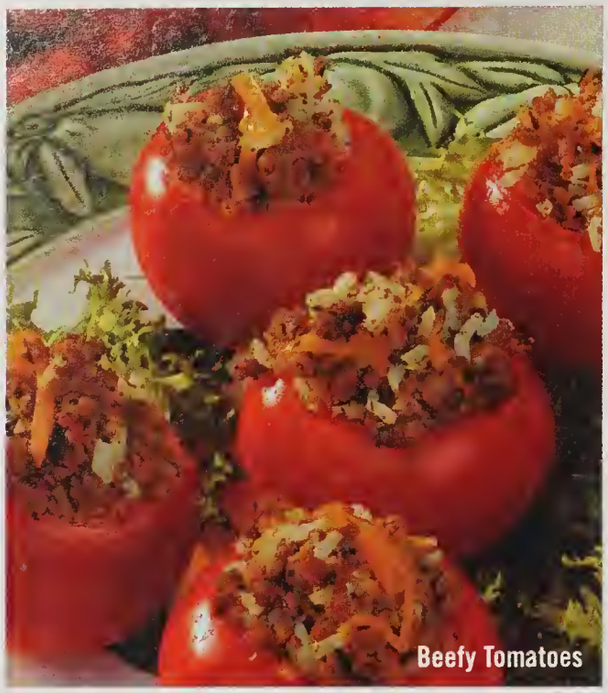

Beefy Tomatoes

## Beefy Tomatoes

6 medium tomatoes
1 pound lean ground beef
1 medium onion, chopped
2 teaspoons dried basil
1 teaspoon salt
¼ teaspoon pepper
½ cup cooked rice
½ cup shredded reduced-fat cheddar cheese
1 egg, slightly beaten

Cut a thin slice off the top of each tomato and discard; remove core. Carefully scoop out pulp, leaving a half-inch shell. Reserve 1 cup pulp (discard remaining pulp or save for another use). Invert tomatoes onto paper towels to drain. In a nonstick skillet, cook beef and onion over medium heat until meat is no longer pink; drain. Stir in the basil, salt, pepper and reserved tomato pulp; bring to a boil. Reduce heat; simmer, uncovered, for 10-12 minutes or until the liquid has evaporated.

Stir in the rice, cheese and egg; heat through. Spoon into tomato shells. Place in a shallow 2-quart baking dish coated with nonstick cooking spray. Bake, uncovered, at 350 degrees for 20-25 minutes or until heated through.

Yield: 6 servings.

## Swiss Cheese Potato Pancakes

1 package (3 ounces) cream cheese, softened
2 eggs
2 tablespoons all-purpose flour
4 cups shredded peeled potatoes (about 1 pound)
¼ cup shredded Swiss cheese
2 tablespoons grated onion
¼ teaspoon salt
⅛ teaspoon pepper
Dash cayenne pepper
3 tablespoons butter or margarine
3 tablespoons vegetable oil

Swiss Cheese Potato Pancakes

In a mixing bowl, beat cream cheese until smooth. Add eggs, one at a time, beating well after each addition. Add flour; mix well. Stir in potatoes, Swiss cheese, onion, salt, pepper and cayenne pepper.

In a large skillet, heat butter and oil over medium heat. Drop batter by ¼ cupfuls; press lightly to flatten. Fry until golden and crisp, about 5 minutes on each side. Drain on paper towels.

Yield: 16 pancakes.

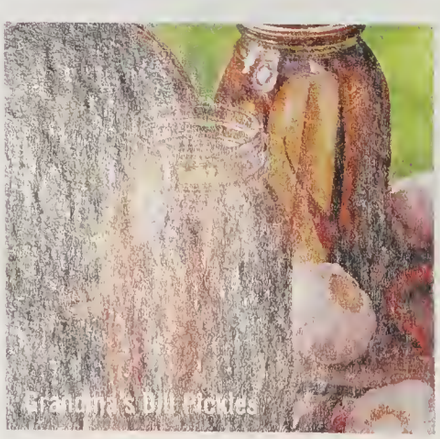
## Creamy Candy Bar Dessert

2 cups graham cracker crumbs (about 32 squares)
3 tablespoons sugar
½ cup butter or margarine, melted
1 jar (11 ¾ ounces) hot fudge ice cream topping
FILLING:
½ cup cold milk
2 packages (3.4 ounces each) instant vanilla or chocolate pudding
2 cartons (16 ounces each) frozen whipped topping, thawed
6 to 7 (2.07 ounces each) Snickers candy bars, chopped, divided

In a bowl, combine the crumbs and sugar; stir in butter. Press into an ungreased 13-by-9-by-2-inch dish. In a small sauce- pan, heat the fudge topping over low heat until warmed; pour evenly over crust. Cool.

In a mixing bowl, beat the milk, pudding mix and whipped topping for 2-3 minutes or until stiff, scraping sides of bowl often. Stir in three-fourths of the candy bar pieces. Pour over crust. Sprinkle with remaining candy bar pieces. Cover and refrigerate for 2-3 hours or overnight. Refrigerate leftovers.

Yield: 15 servings.


Grandma's Dill Pickles

## Grandma's Dill Pickles

11 cups water
5 cups white vinegar
1 cup canning salt
12 pounds pickling cucumbers, quartered or halved lengthwise
9 dill heads
(Heads are the flowers of fresh dill plants. You can substitute 3 tablespoons of dill seed. –Editor)
18 garlic cloves
18 small dried hot chili peppers

Find more than 200 recipes and photos, and share your favorites recipes, at our Web site: www.carolinacountry.com

In a Dutch oven, bring water, vinegar and salt to a boil; boil for 10 minutes. Pack cucumbers into quart jars within ¼ inch of top. Place one dill head (or 1 teaspoon dill seed), two garlic cloves and two peppers in each jar. Ladle boiling liquid over cucumbers, leaving a quarter-inch headspace. Adjust caps. Process for 10 minutes in a boiling-water bath.

Yield: 9 quarts



Recipes are by Taste of Home magazine and Taste of Home's Quick Cooking magazine. For a sample copy, send $2 to Taste of Home, Suite 4321, PO Box 990, Greendale WI 53129-0990. Visit the Web page at www.reimanpub.com

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► Are your houseplants droopy or dying? Perk them up with this tonic.

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